

BEACH CITIES FLAG FOOTBALL

CONCUSSION PROTOCOL

I. Education of coaches and parents

- A. CDC handout for coaches
- B. Medical safety symposium
- C. CDC handout for parents

II. Identify possible event

- A. Direct blow to the head
- B. Quick rotation

III. Assess player

- A. Reported symptoms
- B. Observed signs

IV. Remove from participation if suspected concussion

- A. Monitored by coach or assistant

V. Communicate with parents

- A. Notify parent of the event
- B. Send email to parent and copy: president@bcsflagfootball.com

VI. Return to play

- A. If a player has had a suspected concussion and been removed from play, they need to be cleared by a physician prior to their return to play
- B. Clearance note needs to be sent to BCS president who will reinstate the player