

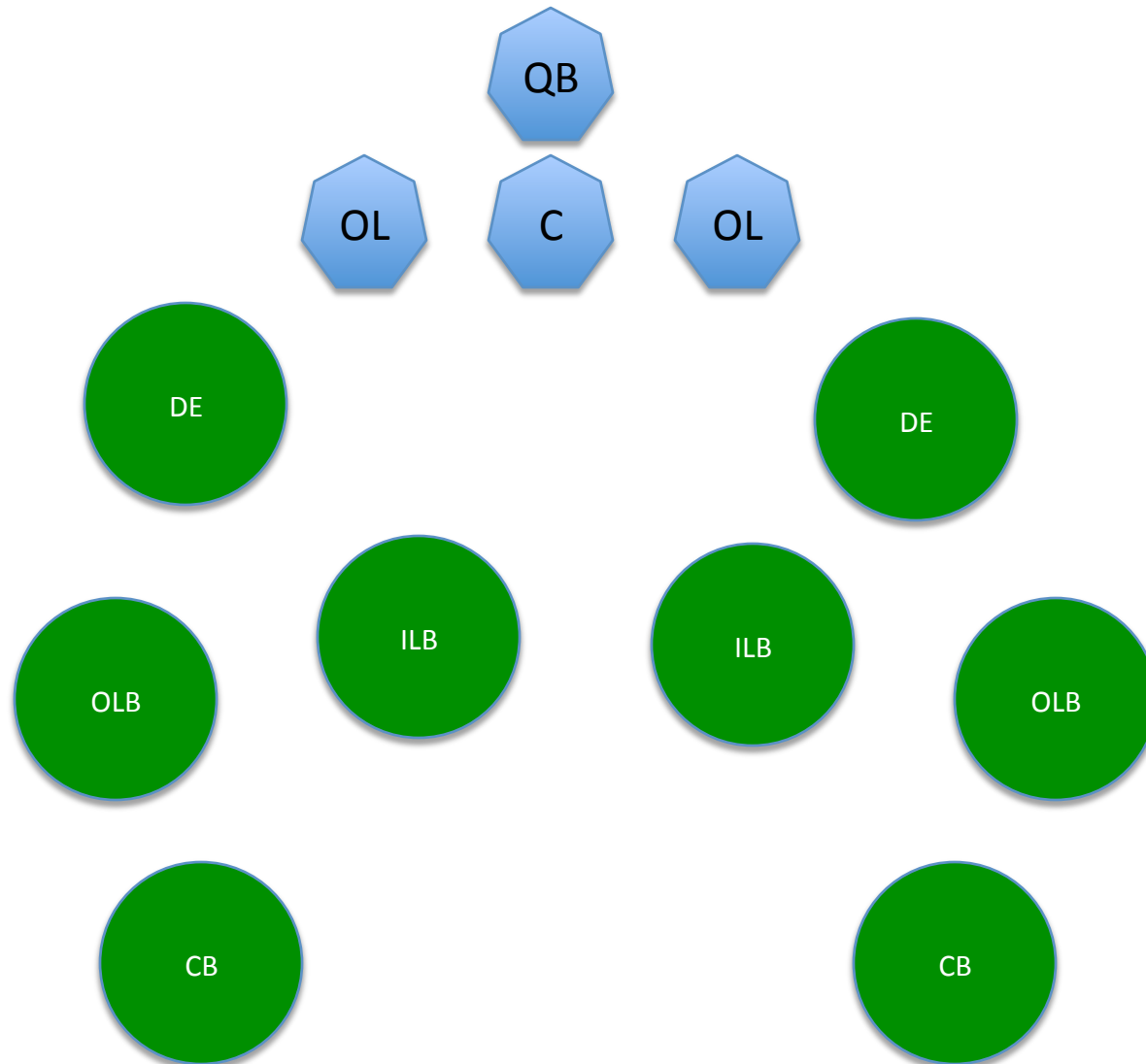
DEFENSIVE PLAYBOOK NOTES:

Most of this info came from a 7 on 7 play book (we play 8 on 8) as well as observations of the various defensive schemes used in our league. As the ages go up, the need for strong CB/Safety play goes up, at the younger ages – except for only the strongest teams, the pass is only used to set up the run. So speed is often wasted on a CB and often makes more sense in the DE position – as smaller faster kids are often more aggressive and can scoot around the OL.

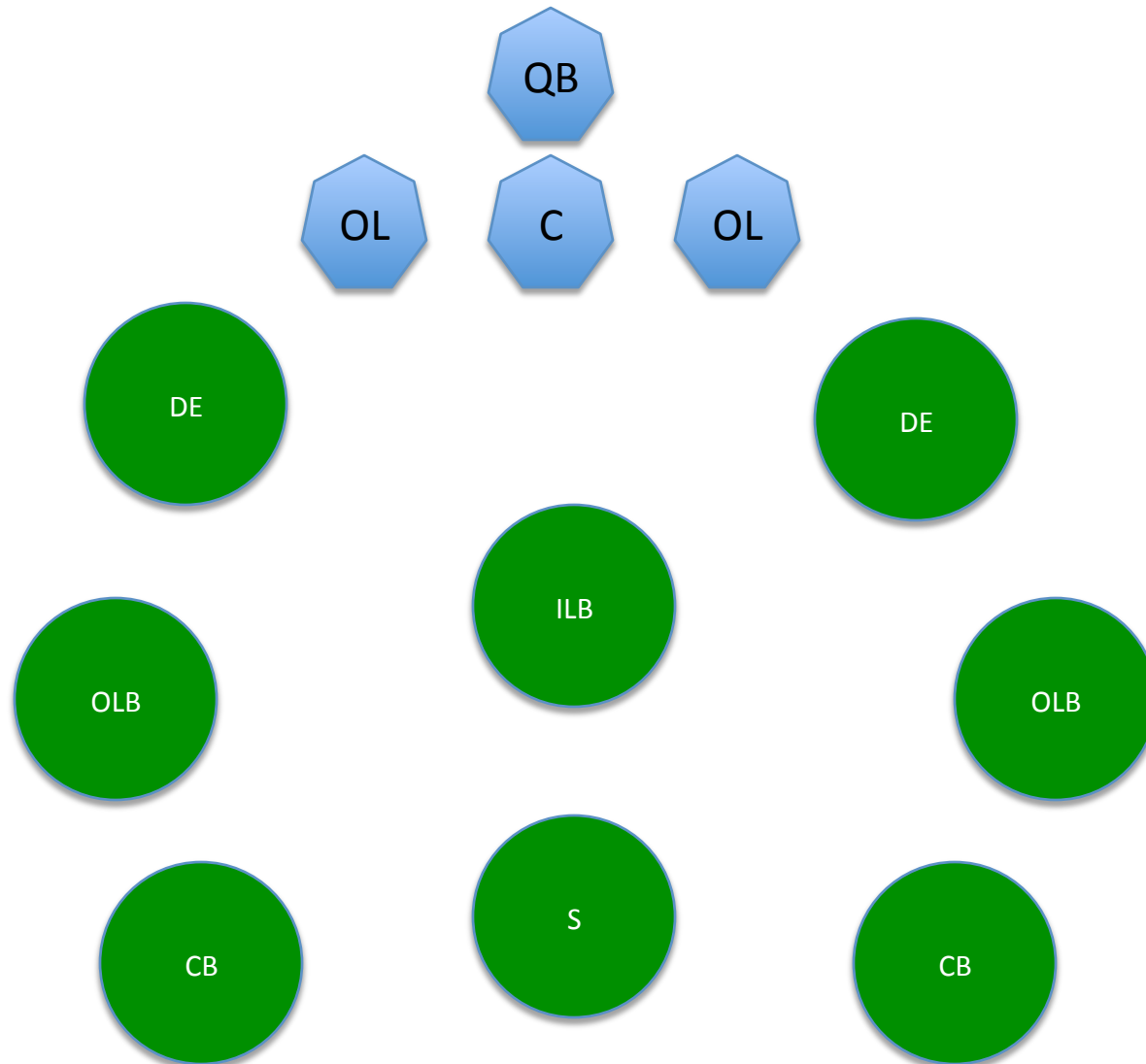
A big change this season was a strong push in D4 and D3 towards a 2/4/2, with your middle linebackers cheating up on the run, and occasionally blitzing your outside linebackers.

Watch as much tape on our site of teams like the D2 Mustangs, D3 Fighting Lions and Chargers and the D4 Bulldogs. These were top teams and all had great defenses.

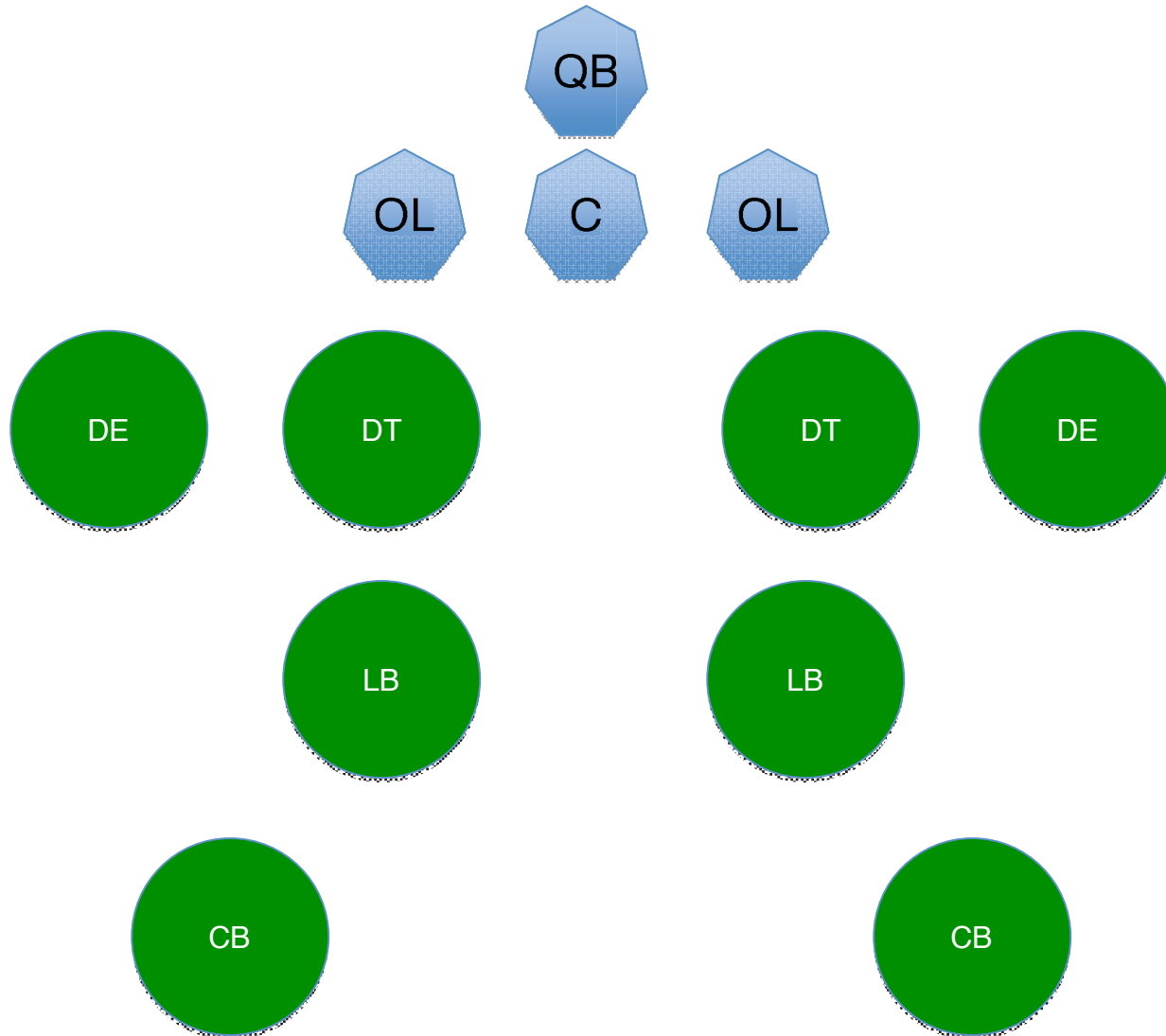
2/4/2



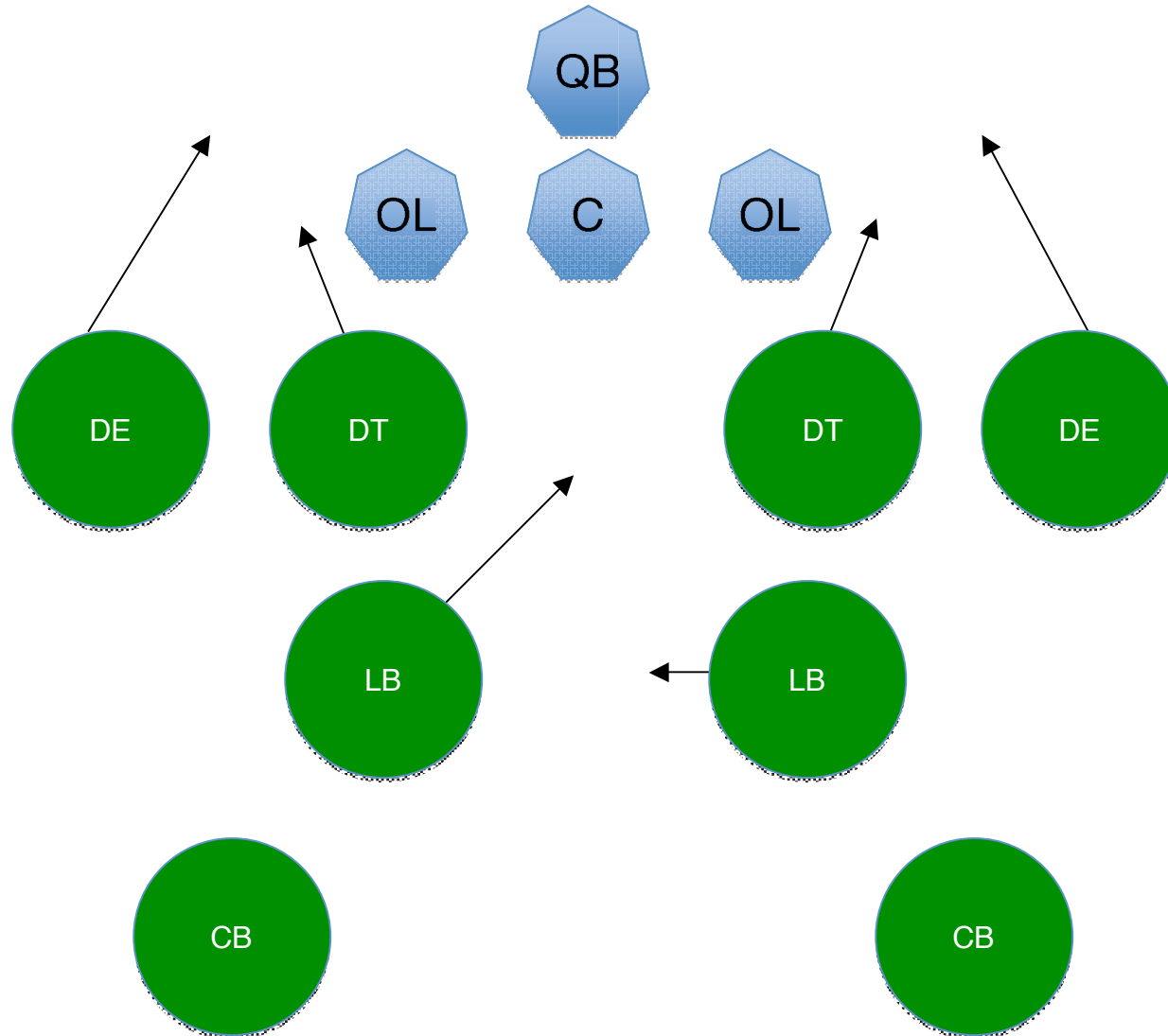
2/3/3



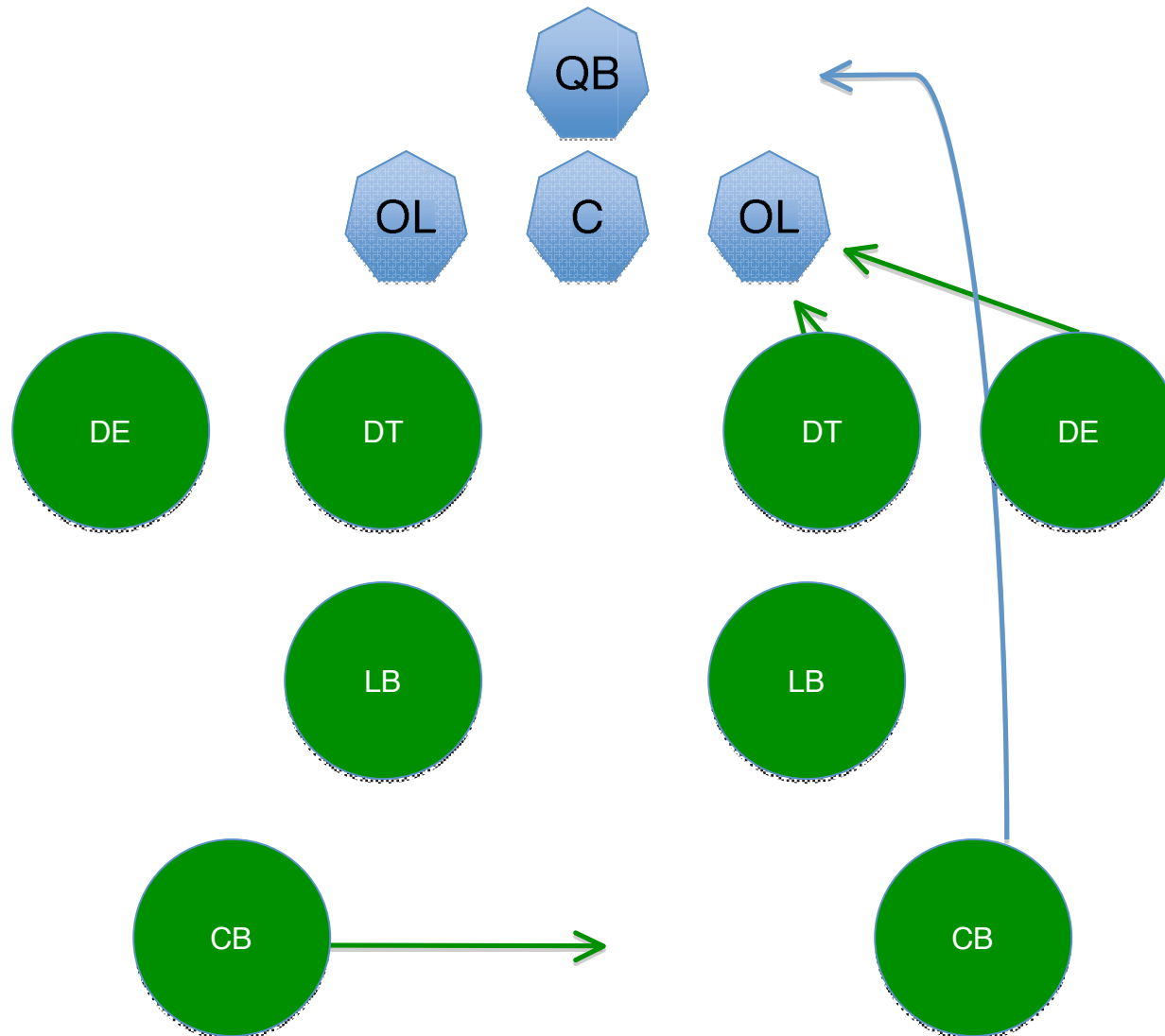
4/2/2



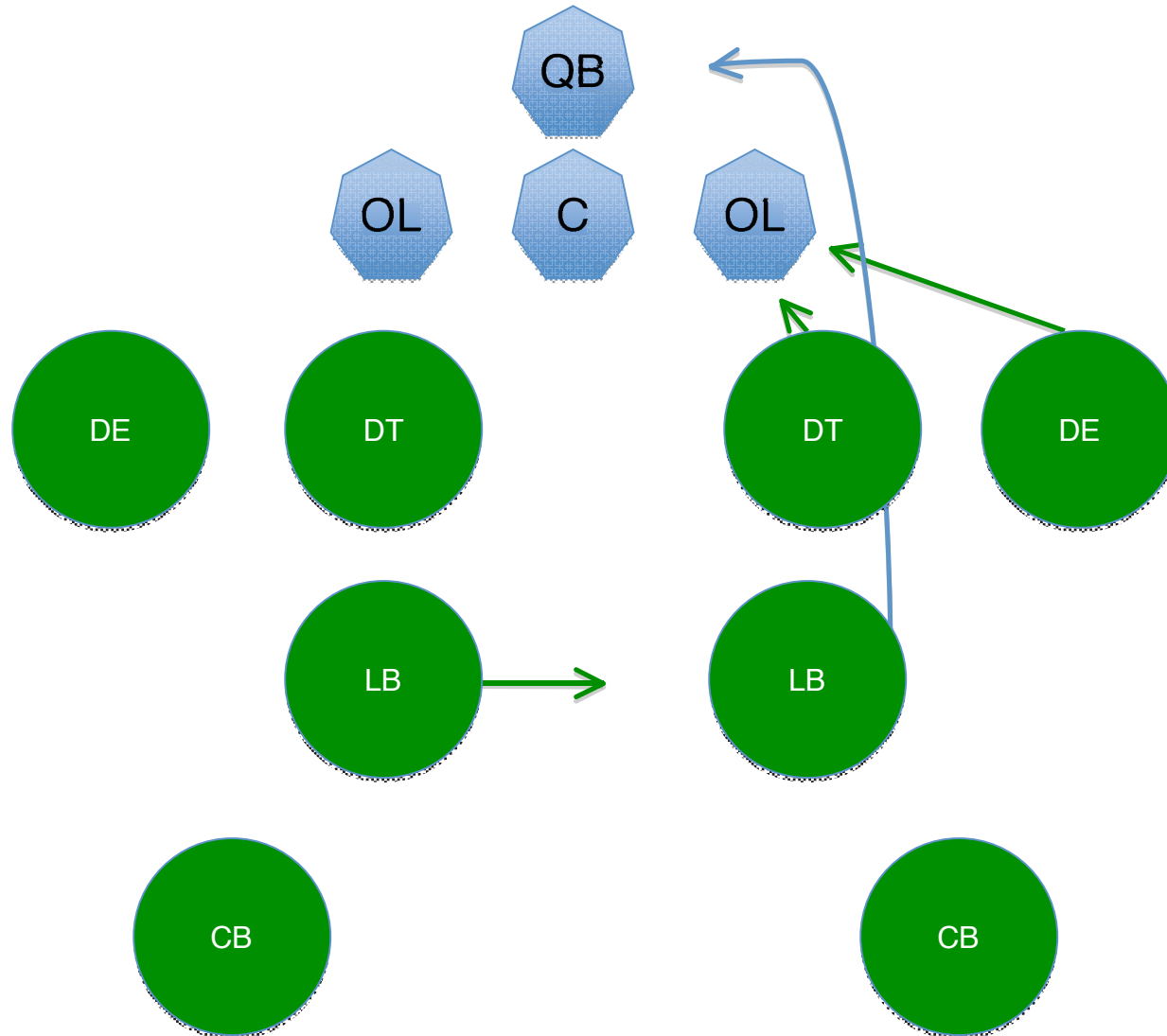
4/2/2 – BRING THE NOISE!



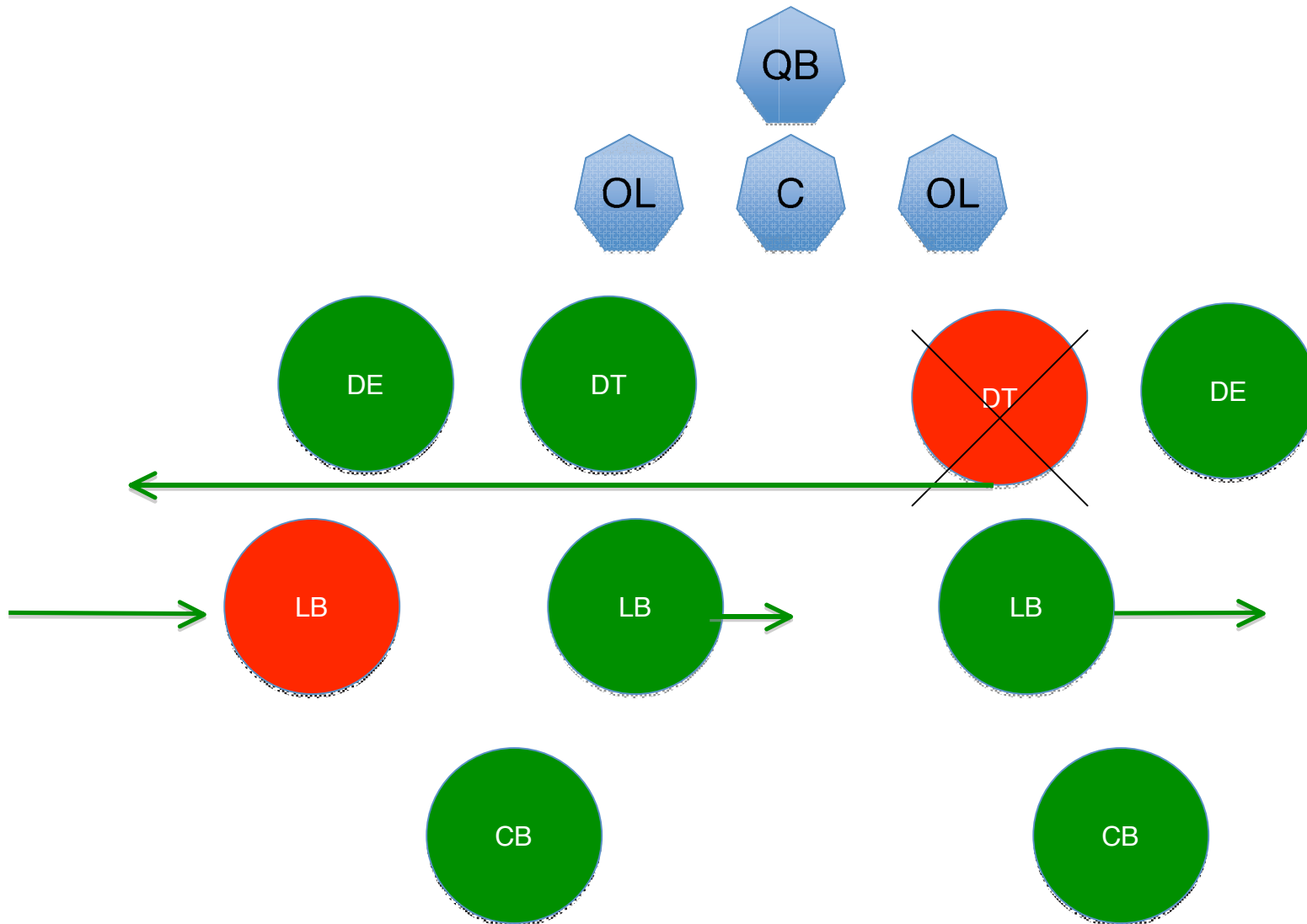
4/2/2 – CB Blitz



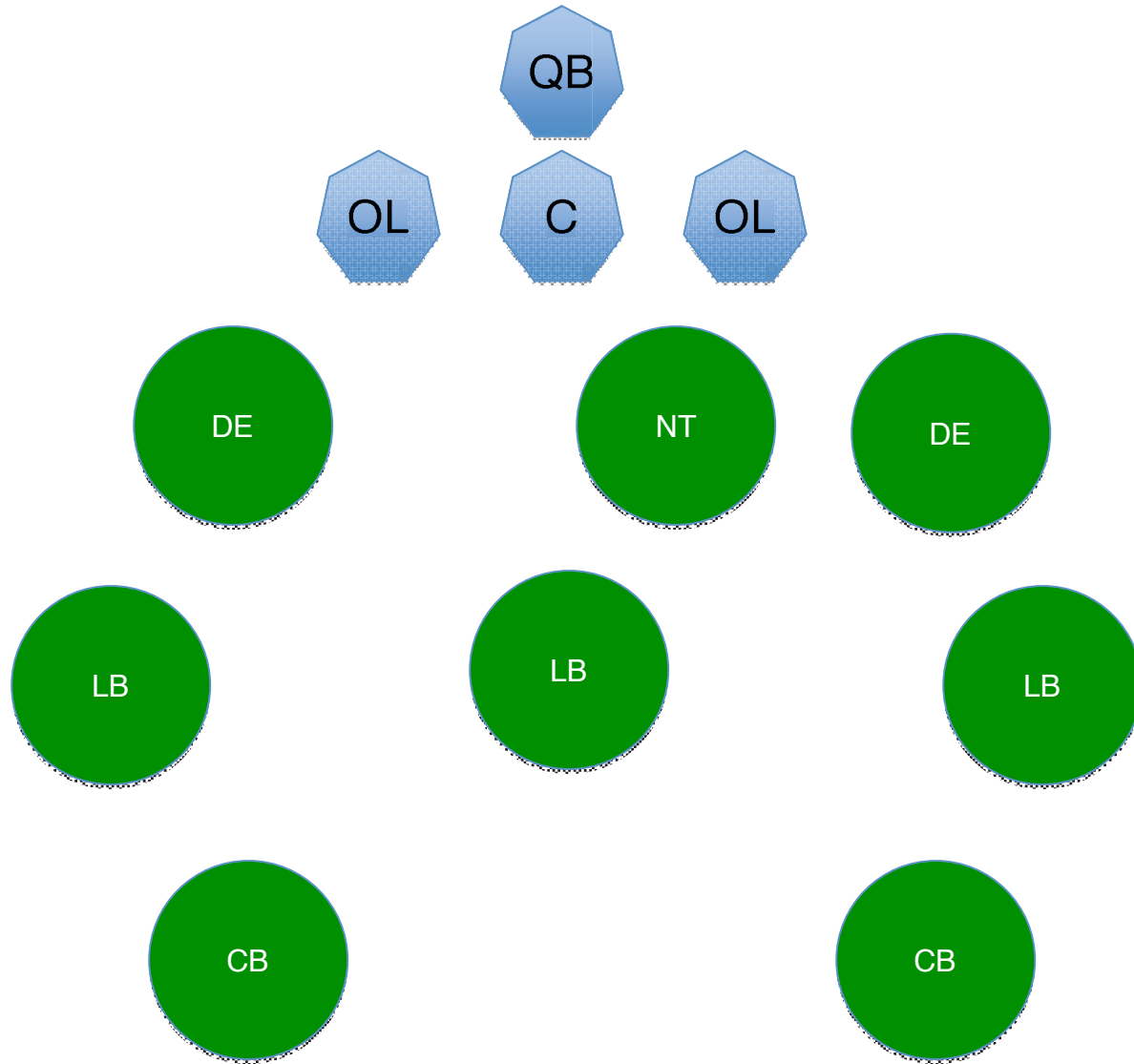
4/2/2 – LB Blitz



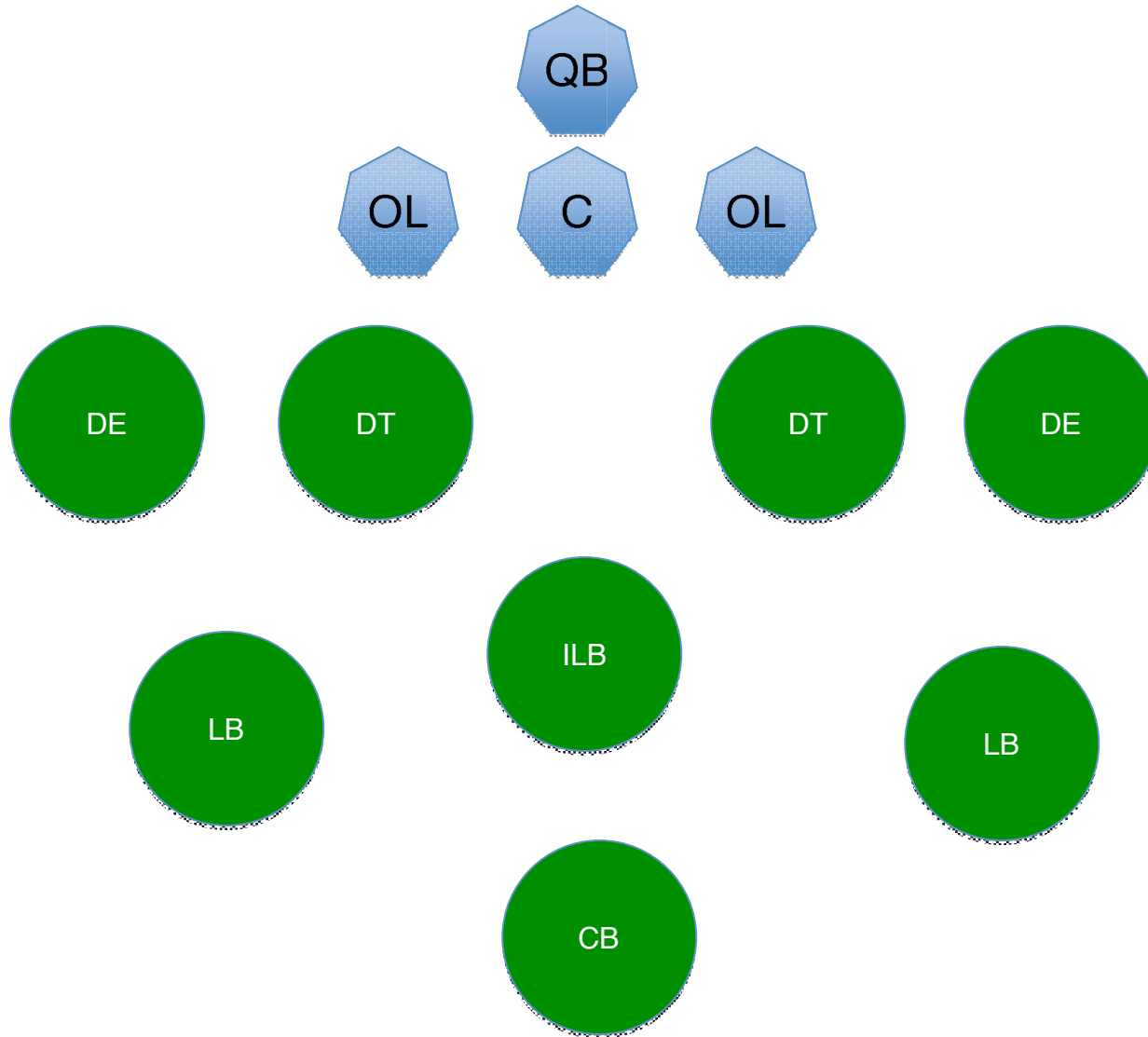
Shift from 4/2 to 3/3



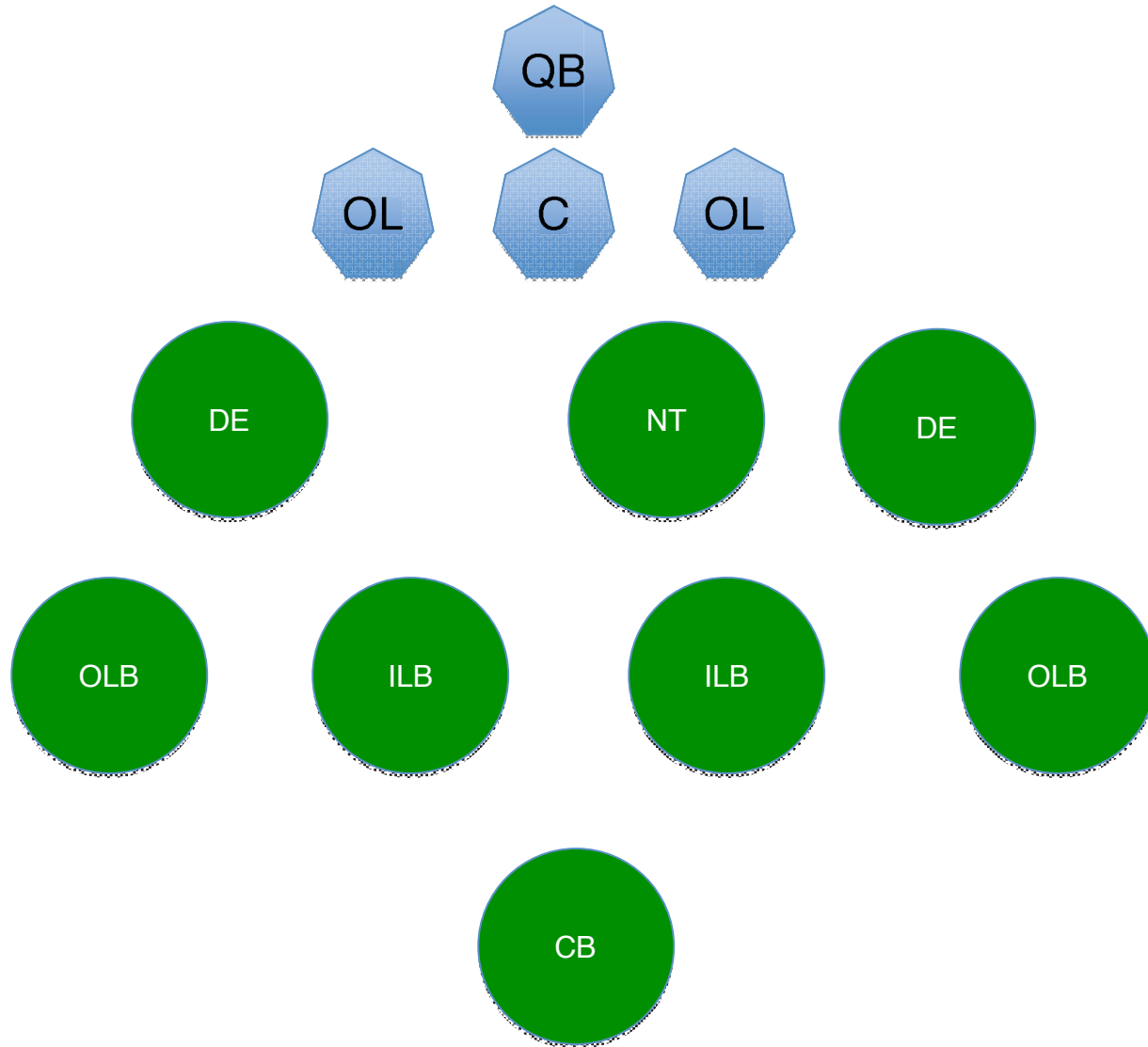
3/3/2



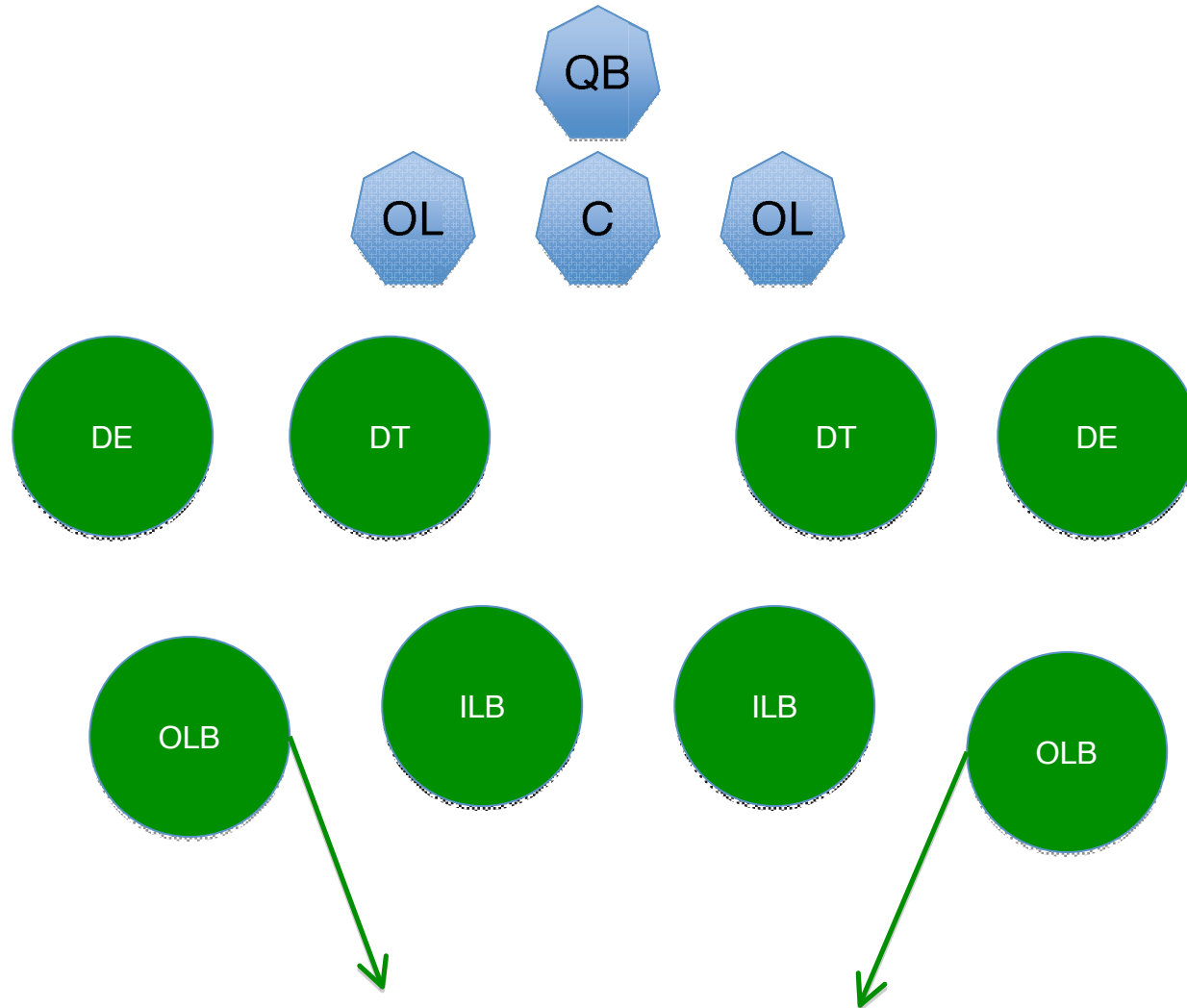
4/3/1



3/4/1



4/4



Slide back on pass play.

4 - 3

10 YD

10 YD



5 YD

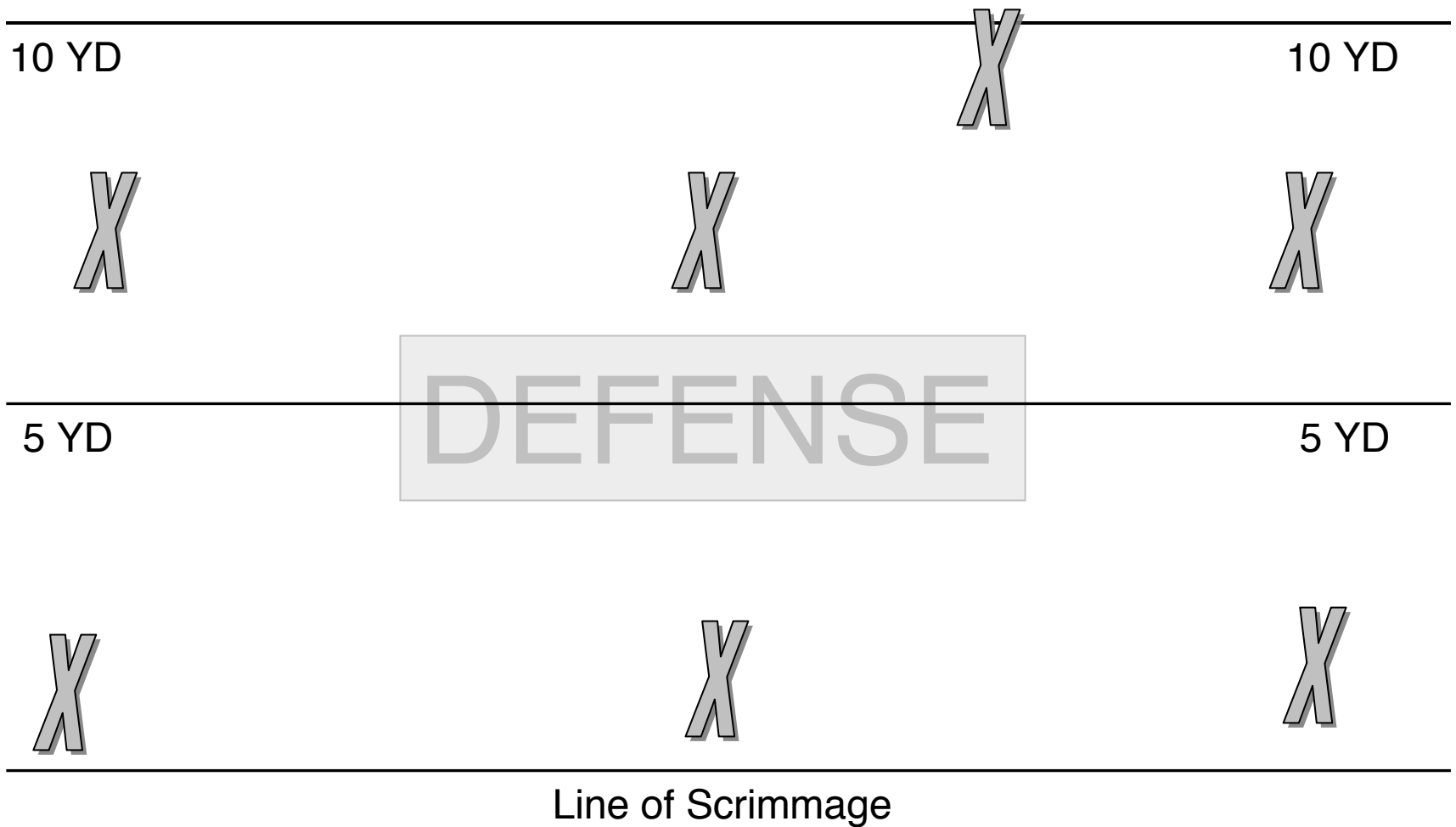
DEFENSE

5 YD



Line of Scrimmage

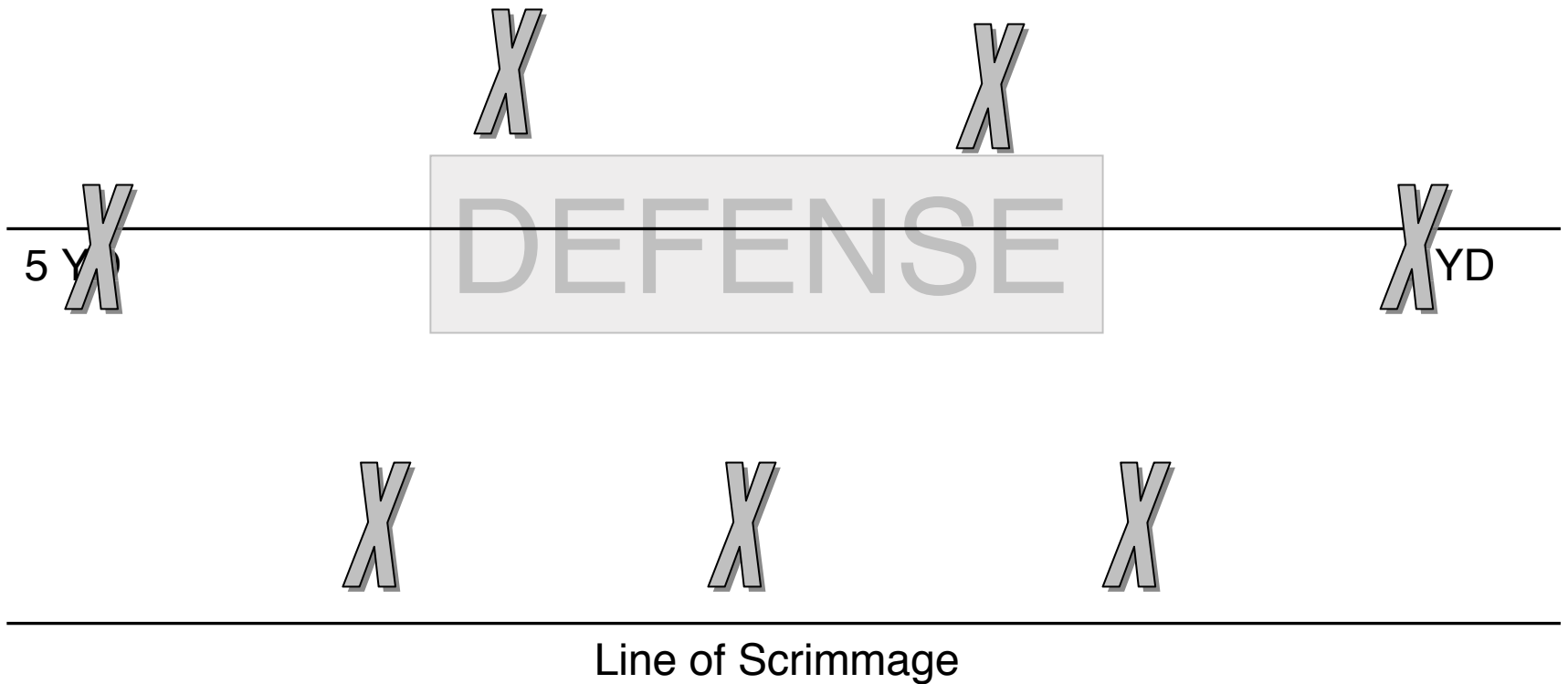
3 - 3 - 1



3 – 2 – 2 Inside

10 YD

10 YD



3 – 2 – 2 Outside

